



2010 Florida Swimming vs. Florida Gold Coast Open Water Duel Meet June 11-12, 2010 at Ft. Myers Beach

Florida Swimming Open Water All Star Team

Coaches,

In conjunction with 2010 Florida Swimming OWS Championships, the 2010 OWS Duel in the Ocean vs Florida Gold Coast will be a part of individual competition will be held in Ft. Myers on Saturday, June 12th.

Selection procedure is based on swimmers' 1000 yards (11-12) and 1650 yards (13-14, 15-18) free performances from the Spring Junior Olympics and Senior Champs. Also, swimmers can be selected based on performances from 2009 Florida Swimming Open Water Swimming Age Group Championships (Junior Olympics & Senior Champs) held in Ft. Myers in June last year.

The coaches need to enter their swimmers as a part of 2010 FS JO's and Senior Champs OWS Championships. The TM file is available on Florida Swimming site. Also, if the swimmers can not be present for the OWS Clinic and at the social on Friday afternoon, they need to report to the check in area (Lynn Hall Park) on Saturday morning at 6:45 a.m.

The 2010 Florida Swimming OWS All Stars consist of the following swimmers:

GIRLS

11-12

- | | |
|--------------------------|------------------|
| 1. Savannah Bowser GCST | CONFIRMED |
| 2. Kaitlyn Hauser GCST | CONFIRMED |
| 3. Sarah Frantz CCS | CONFIRMED |
| 4. Kendall Brent SWIM | CONFIRMED |
| 5. Daniella Jordan GCST | CONFIRMED |
| 6. Caitlin McClugage TYS | CONFIRMED |

13-14

- | | |
|------------------------------|------------------|
| 1. Bailey Bowden BSAC | CONFIRMED |
| 2. Angelina Gallastegui BSAC | CONFIRMED |
| 3. Tierney Shimansky GSC | CONFIRMED |
| 4. Lauren McLeod GCST | CONFIRMED |
| 5. Katie Duggan HIGH | CONFIRMED |
| 6. Carigan Albert BSAC | CONFIRMED |

15-18

- | | |
|--------------------------|------------------|
| 1. Kelsey Frantz CCS | CONFIRMED |
| 2. Kayley Chevalier BSAC | CONFIRMED |
| 3. Hannah Albion GCST | CONFIRMED |
| 4. McKenzie Cassidy GCST | CONFIRMED |
| 5. Katelyn Lawson GCST | CONFIRMED |
| 6. Allison Lehr BSAC | CONFIRMED |

BOYS

11-12

- | | |
|-------------------------|------------------|
| 1. Jared Young TBAY | CONFIRMED |
| 2. George McGovern BSAC | CONFIRMED |
| 3. Eric Ordaz GCST | CONFIRMED |
| 4. Jason Tillotson SWIM | CONFIRMED |
| 5. Stephen Fedec SWIM | CONFIRMED |
| 6. Dylan Keer SWIM | CONFIRMED |

13-14

- | | |
|------------------------|------------------|
| 1. Bradley Stamper BSS | CONFIRMED |
| 2. Alexander Pena HIGH | CONFIRMED |
| 3. Patrick Wall SYS | CONFIRMED |
| 4. Blake Woodrow GCST | CONFIRMED |
| 5. Matt Nielsen GSCT | CONFIRMED |
| 6. Connor Heslin SWIM | CONFIRMED |

15-18

- | | |
|--------------------------|------------------|
| 1. Drew Shimansky GSC | CONFIRMED |
| 2. Sean Duggan HIGH | CONFIRMED |
| 3. Matthew Thompson WFLA | CONFIRMED |
| 4. Jack Deedrick BSAC | CONFIRMED |
| 5. Zack Metka WFLA | CONFIRMED |
| 6. Steyn Funk HIGH | CONFIRMED |

SWIMMERS GEAR: Florida Swimming will provide a cap and a t-shirt.

FEE: No Entry Fee

ACCOMODATION: Swimmers are responsible for their own hotel accommodation. All participants of the OWS All Star Duel Meet will stay at Hampton Inn. Special rate for this event is \$89 per night.

Hampton Inn and Suites Ft Myers Beach
11281 Summerlin Square Dr,
Fort Myers Beach, FL, 33931
Phone: 866-539-0036

Itinerary

Friday, June 11th

3:30 p.m. Arrival at the Lynn Hall Park.

4:00 p.m. Clinic with Sid Cassidy and the Florida Gold Coast All Star Team. After the clinic swimmers will test out the race course.

6:00 p.m. Social and cook out for swimmers and coaches at Lynn Hall Park (\$10)

Saturday, June 12th

6:45 a.m. All swimmers need to report the Check-in area at the Lynn Hall park.

8:45 a.m. Start of 1.5K race for 11-12.

10:00 a.m. Start of 5K race for 13-14 and 15-18.

At the conclusion of 5K race (around noon), the host will have an award ceremony along with the cook out and the social.