

2010 Florida Swimming Open Water Championships

Sanctioned by: Florida Swimming Inc. Sanction # 5145

“In granting this approval it is understood and agreed that USA-S shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.”

Hosted by: Gulf Coast Swim Team

Date and time: Saturday, June 12, 2010

- 7:30 am -- 10 & Under JO (800m)
- 8:45 am -- 11-12 JO (1.5K)
- 10:00 am -- 13-14, 15-6, and Open (5K)

Location: Lynn Hall Park at Fort Myers Beach, Florida

Timing system: Chip timing with hand-held watch backup

Eligibility: All swimmers must be 2010 athlete members of USA Swimming. Open only to Florida Swimming, Inc. LSC swimmers who have achieved the following qualifying times.

10 & under (800m swim): National BB time in any event 200 yards or over (time entered in USA

Swimming database or in results section of Florida Swimming web site); or proof of completion of a sanctioned open water swim.

11-12 (1500 meter swim, .9 mile): National BB times in any event 400 meters or more (time entered in USA Swimming database or in results section of Florida Swimming web site); or, proof of completion of a sanctioned open water swim.

13-14 (5K, ~3 mile): National BB time in any event 400 meters or more (time entered in USA Swimming database or in results section of Florida Swimming web site); or, proof of completion of a sanctioned open water swim.

15-16 (5K, ~3 mile): National BB time in any event 400 meters or more (time entered in USA Swimming database or in results section of Florida Swimming web site); or, proof of completion of a sanctioned open water swim.

Open (5K, ~3 mile): National BB time in any event 400 meters or more (time entered in USA Swimming database or in results section of Florida Swimming web site); or, proof of completion of a sanctioned open water swim.

This meet will also serve as the **Florida Swimming vs. Florida Gold Coast Open Water Duel Meet** with both teams scored separately for a team award. FL & FGC respective Dual Meet Teams will be selected by each LSC's individual process.

Entry procedure All entries must be submitted using Hy-Tek Team Manager or like program **ONLY! Paper or FAX entries will NOT be accepted.**

Entry opens: 12:01 AM EST Saturday, May 1, 2010

Entry closes: 1:00 PM EST Friday, June 5, 2010 **(REVISED)**

E mail entries to: Gcst@comcast.net

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Individual entries: Use any time in the national database for entry that is faster than the qualifying time. Swimmers may enter using an “override Time” for times that are not in the national database. Override times must include the meet name and date. Times that are missing from the National Database should be requested through the Florida LSC National Times Coordinator of the meet at which the time was achieved.

Teams with Unattached athletes: Teams may enter athletes with an Unattached or Unregistered status. Unregistered swimmers must provide proof of registration prior to the swimmers’ first events.

Entry fee: \$30 per individual swimmer plus a \$2 host fee. Relays are \$6 per relay team. Fees and team form (page 3) must be received by Friday, June 4, 2010. As soon as entry fees are posted, a check, **payable to SFSCI, Inc.**, for all entry fees must be mailed to Gulf Coast Swim Team with the team entry form found on page 3 to:

Gulf Coast Swim Team
20421 Rookery Drive
Esteros, FL 33928

Rules: Current USA Open Water Swimming Technical rules will govern. For the safety of swimmers, fingernails and toenails must be clipped. Officials will check fingernail length prior to the events, clippers will be available, and they will be used. Please plan ahead.

Apparel note: All suits must conform to current USA Swimming rules. No wet suits

Courses: All courses are in the Gulf of Mexico (saltwater). Starts and finishes are on land.

10 & under: 800 meter swim on a rectangular course no more than 3-5 feet in depth and approximately 100-150 yards off shore

11-12: rectangular course no more than 6-8 feet in depth and approximately 100-150 yards off shore

13-14, 15-6, and Open: 5K swim— two laps on a 2.5K rectangular course with a water depth of 6-10 feet and approximately 100-200 yards off shore.

Relays: Relays are four-person male or female relays (no mixed relays) in each age group. Only the top two relays from a team in each gender/age group will be scored.

Scoring: Championship meet scoring: top 16 male and female swimmers in each age group will be scored as follows:

20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1. Relays are double points.

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Awards: Individual awards: Top 8 male and female of each age group (medals for 1st-3rd places, ribbons for 4th-8th places).

Team awards: Top Male, Top Female, Top Combined.

Hotels: For hotel and other local information please call 1-888-529-6588

Parking: Parking is available at Lynn Hall Park. Overflow parking is located within walking distance of the park.

Meet director: Gregg Cross, 239-462-3322, greggcr@leeschools.net

Event web site: www.openwaterfestival.org

Officials: Referee: Mark McCaw

Assist Referee: Matt Wilson

Starter: Jon McLeod

Clerk of Course: Gregg Cross

Safety Official: Alise Flanjack

Medical Official: Lee County Parks and Recreation

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Master Team Entry Form

Florida Swimming Open Water Championships

June 13, 2009

Team name _____

Call letters _____

Address _____

City State Zip _____

Coach Cell Phone (_____) ____ - ____

E-mail address _____

Swimmer/Coach Registration

I certify that all individuals entered in this competition are currently registered members of USA Swimming and are eligible to compete in this meet. I further certify that one or more of the following coaches or team representatives will be at the competition supervising the activities of those individuals entered.

Name of coach/representative _____

I certify that the individuals listed above are currently registered USA Swimming Coach Members or Team Representatives and that I am a current USA Swimming registered non-athlete member.

Signature _____

Team _____

Date _____

Phone (_____) ____ - ____

Entry deadline: Hy-Tek entries: entered by 1 PM, Friday, June 5, 2010

Entry form/payment: received by Friday, June 4, 2010

Make checks payable to **SFSCI, Inc.**

and mail to Gulf Coast Swim Team

20421 Rookery Drive

Esteros, FL 33928

Financial Recap

of swimmers _____ x \$ 30 (entry) = \$ _____

of swimmers _____ x \$ 2 (host fee) = \$ _____

of relays _____ x \$ 6 = \$ _____

TOTAL = \$ _____

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**Call this toll free number for special swim team room rates
at hotels at the beach.**

CALL EARLY TO RESERVE YOUR HOTEL!

Hotel availability is “first-come-first-serve”.

Call the Lee County Sports Organizing Committee at

1-888-529-6588 for the best selection

and ask for “*special swim discounts*” on hotel rates!