

Midnight Madness Long Course Meet
Sponsored by the Episcopal AmberJax
May 22 – May 23, 2010
Episcopal High School Semmes Aquatic Center
Jacksonville, Florida

- Sanctioned By: Florida Swimming of USA Swimming # 5114
“In granting this approval it is understood and agreed that USA Swimming/Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.”
- Condition of Sanction: The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
- Hosted By: Episcopal AmberJax
- Type of Meet: 50 Meter Course
Timed Finals
- Dates & Times: Saturday, May 22 – Timed Finals 8:30 am 13/14, Open
Saturday, May 22 – Timed Finals no earlier than 1:30pm, 8&U, 10&U, 11/12
Saturday, May 22 – Timed Finals 8:00 pm
Sunday, May 23 – Timed Finals 9:00 am 10&U, 11/12
Sunday, May 23 – Timed Finals no earlier than 2:00pm, 13/14, Open
- Location: Episcopal High School Semmes Aquatic Center
4455 Atlantic Blvd.
Jacksonville, FL 32207
- Pool Specifications: Water depth at the competition starting end is a minimum of 5 feet & 5 feet at the turn end. Outdoor pool. Certified 10 lanes, 50 meters. EIGHT lanes will be used for competition with one buffer lane and a lane for continuous warm up/warm down. Non-turbulent lane lines. KDI Paragon Starting Blocks
- Timing Equipment: Colorado 6 Timing System and touch pads and back up
Hy-Tek Meet Manager will be used to score the meet
11 Line Colorado Display,
- Warm-up: Saturday AM Warm-up 7:00am Events 8:30am
Saturday and Sunday PM Warm-up no earlier than 12:30 pm Events no earlier than 1:30pm
Saturday Night Warm-up 7:00pm Events 8:00pm
Sunday AM Warm-up 8:00am Events 9:00 am
Saturday and Sunday PM Warm-up no earlier than 1:00 pm Events no earlier than 2:00 pm
* Warm-up schedule is attached.
*If determined necessary, a detailed warm-up schedule will be provided via email and posted on the AmberJax web-site on Tuesday May 18th
*One 50 Meter lane available for warm-up/warm-down during the meet. There will also be an empty buffer lane at all times between the warm-up lane and the last competition lane.
- Eligibility: Open to all currently registered USA Swimming swimmers
- Entry Limit: The total number of entries will be limited. The team whose entries put the meet over 500 will be the final team allowed in the meet. Swimmers are limited to three (3) individual events per session plus relays. Swimmers over entered will be considered as entered in the first three events. No limit on relay teams, please designate as A, B, C, etc.

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- Seeding: Use of 50 Meter Long Course times to be used for seeding. Conversions, using the formula in the current Florida Swimming Handbook may be used for entry and seeding purposes.
- Scratch Penalty: No penalty for scratching on the block with the exception of deck seeded events. Any swimmer entered in a deck seeded event that has checked in for the event must swim the event unless he/she notifies the admin referee before the seeding has begun that he/she wishes to scratch. Failure to do so will result in the swimmer being barred from his/her next individual event in which he/she is entered on that day or the next day of the meet, whichever is first.
- Entries: Entries must be in USA Swimming SDIF format or Hy-Tek CL2 format. A signed hard copy printout is acceptable as proof of entry in place of the enclosed entry forms. Free text email entries will not be accepted. Disk and e-mail entries will not be accepted that are not accompanied by a hard copy entry, including the Master Entry form. List all attending coaches, contact phone numbers, and RELAY ONLY swimmers in the body of the e-mail. Include the total number of swimmers and events in the body of the e-mail. Corrupted, unreadable, or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted electronically are the responsibility of the applicant. Electronic mail confirmation will be sent upon receipt of file. If using the enclosed Entry Form, the form will serve as proof of entry. The legal name and current USA Swimming Registration Number for each swimmer must be listed on the Entry Form, including "relay-only" swimmers. The Master Entry Form must accompany the proof of entries and a current USA Swimming Member must sign the form. Florida Swimming rules require a \$50 penalty from teams that do not submit their entries in Hy-Tek format.
- Deck Entries Deck entries may be accepted by the Meet Referee or his/her designee, up to 1 hr before the start of the session under the following conditions:
 * Swimmers must meet all other eligibility and entry limit standard requirements of the Meet.
 * Entry & meet fees must be paid at time of entry
 * A swimmer may not scratch an event to deck enter an event.
 * A swimmer may only deck enter an event if that entry will not put the meet over the 4 hour time rule
- Entry Fee: Timed Final Meet: \$3.00 per individual event; \$5.00 per Relay
 \$7.50 facility fee per swimmer
 Deck Entry- \$10.00 per individual event
 Entry fees must accompany entries. Entries will not be accepted without payment.
- Entry Deadline: All entries must be received by **5:00pm Friday May 14^h, 2010**
 No phone or fax entries accepted, we recommend Express Mail or other rapid mail service.
 Make checks payable to "Episcopal AmberJax" and mail to:
- Susan Schuster 904-396-5751 ex1608
 4455 Atlantic Blvd
 Jacksonville, FL 32207
 Episcopal AmberJax website: www.amberjax.org

FOR HYTEK ENTRIES ONLY: email: schusters@episcopalhigh.org

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- Officials: Meet Referee: Ed Phillips
Meet Administrator: Drea Phillips
Starter: Rusty May
Chief Judge: Candice Doddapaneni
Meet Marshall: Mike Altman
- Meet Workers: Parents from visiting teams wishing to work the meet in some capacity are requested to notify The Meet Director: Susan Schuster by Tuesday, May 18th at email address: schusters@episcopalhigh.org or (904) 396-5752 ex1608.
- Scoring: Scoring will be as the follows: Points will be awarded for 1st through 16th place as follows. 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 Relays will be double.
- Awards: Ribbons will be awarded for individual places 1-10th, relays 1-3.. **NO AWARDS WILL BE MAILED.** Please pick up awards at the meet.
- Meet Director: Susan Schuster (904) 635-8345
- Team Representative: Prior to the start of the meet, the name of one person other than the coach, who will check with the referee about any matter pertaining to the meet, may be given to the referee. For each team, the coach and that person only will be recognized.
- Coaches' Meeting: There will be a coaches meeting prior to start of the Saturday AM and PM Sessions.
- Identification: Coaches and Officials shall wear their USA Swimming registration card in a conspicuous location at all times while on deck during a swim meet. Coaches must show proof of membership before swimmers compete in any event to the Meet Referee.
- Rules: Current USA Swimming Rules & Regulations will govern. Safety rules, as outlined by USA Swimming, and as recommended by the Head Marshal will be in effect during all warm-ups and sessions. **FLY OVER starts will be used at this competition.** Meet Manager may, at his/her discretion, combine heats.
- Officials Briefing: Officials briefings will be held one hour prior to the start of each session. Visiting Officials are welcomed and appreciated. Please contact: Ed Phillips: @ axiemantha@yahoo.com Uniform will be white shirts with blue shorts, skirts, skorts or pants.
- Meet Committee: A meet committee to be composed of the Meet Manager, home team coach and three other coaches chosen at the first coaches' meeting will meet as needed to make decisions regarding the meet schedule in the event of inclement weather or at other times as requested by the Meet Manager. In case of weather delays, the meet committee that will have the power along with the meet referee to change the schedule of events with the best interest of the swimmers and traveling teams in mind.
- Supervision: A current USA Swimming member Coach must supervise each swimmer participating in a Florida Swimming sanctioned meet during warm-up and competition. An unattached athlete or an athlete not escorted by a member Coach must check in with the meet referee upon arrival at the meet. Such athletes must find a substitute coach who will supervise him/her during warm-up and competition and must submit the enclosed alternate coaches form (signed) to the meet referee.

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WARM-UP SCHEDULE

NO EQUIPMENT PERMITTED

SWIMMERS MUST ENTER THE WATER FEET FIRST AND BE SUPERVISED BY A COACH.

* The referee/marshal may alter warm-up procedures to meet the needs of the swimmers.

In all sessions, the warm-period will be at least 1 hour. The first 40 minutes are general warm-up and the last 20 minutes will be a controlled as specified below.

Controlled Warm UP

Lane(s)

1	Pace 50s - push off
2	Racing Starts - one way only
3	Racing Starts - one way only
4	Circle swimming only
5	Circle swimming only
6	Circle swimming only
7	Circle swimming only
8	Racing Starts - one way only
9	Racing Starts - one way only
10	Pace 50s - push off

*If determined necessary, a detailed warm-up schedule will be provided via email and posted on the Amberjax web-site on Tuesday May 19th

*One 50 Meter lane available for warm-up/warm-down during the meet. There will also be an empty buffer lane at all times between the warm-up lane and the last competition lane.

Order of Events

Saturday Morning: May 22nd Warm up – 7:00am, Competition – 8:30am

Girls' Events		Boys' Events
1	13 and 14 200 Medley Relay	2
3	Open 200 Medley Relay	4
5	13 and 14 200 Free	6
7	Open 200 Free	8
9	13 and 14 100 Fly	10
11	Open 100 Fly	12
13	13 and 14 200 Back	14
15	Open 200 Back	16
17	13 and 14 100 Breast	18
19	Open 100 Breast	20
21	13 and 14 50 Free	22
23	Open 50 Free	24

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Order of Events

Saturday Afternoon: May 22nd Warm up – No Earlier than 12:30pm, Competition – 1:30pm

Girls' Events		Boys' Events
25	10 and U 200 Medley Relay	26
27	11 and 12 200 Medley Relay	28
29	10 and U 200 Freestyle	30
31	11 and 12 200 Freestyle	32
33	8 and U 50 Fly	34
35	9 and 10 100 Fly	36
37	11 and 12 100 Fly	38
39	8 and U 50 Back	40
41	9 and 10 50 Back	42
43	11 and 12 50 Back	44
45	8 and U 50 Breast	46
47	9 and 10 100 Breast	48
49	11 and 12 100 Breast	50
51	8 and U 50 Free	52
53	9 and 10 50 Free	54
55	11 and 12 50 Free	56

Order of Events

Saturday Night: May 22nd Warm up – 7:00 pm, Competition – 8:00pm

Girls' Events		Boys' Events
**57	10 and U 400 Free	**58
**59	11 and 12 800 Free	**60
**61	Open 1,500 Free	**62
**63	Open 800 Free	**64

**Events 57-64 will be deck seeded, and swum fastest to slowest alternating genders. Swimmers must check in by 7:15 pm to be seeded. The number of heats may be limited to prevent the session from violating the 4 hour rule. Meet officials may combine age groups to fill empty lane but will score separately.

**Events 57-64 swimmers will need to provide there own timer & counter.

** Events 57-64 - Swimmers entered in the event, but failing to check in may swim in an open lane if one exists after seeding. Swimmers not being seeded because of this limitation, who have checked into swim the event, will receive a refund for the event, or may deck enter another event in which they are qualified. There will be no reseeding or establishing additional heats for those deck entries. Daily entry limit restrictions will apply.

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Sunday Morning: May 23rd Warm up – 7:00am, Competition – 8:30am

Girls' Events		Boys' Events
65	10 and U 200 Free Relay	66
67	11 and 12 200 Free Relay	68
69	10 and U 200 IM	70
71	11 and 12 200 IM	72
73	9 and 10 50 Fly	74
75	11 and 12 50 Fly	76
77	9 and 10 100 Back	78
79	11 and 12 100 Back	80
81	9 and 10 50 Breast	82
83	11 and 12 50 Breast	84
85	10 and U 100 Free	86
87	11 and 12 100 Free	88

Order of Events

Sunday Afternoon: May 23rd Warm up – No Earlier than 12:30pm, Competition – 1:30pm

Girls' Events		Boys' Events
89	13 and 14 200 Free Relay	90
91	Open 200 Free Relay	92
93	13 and 14 200 IM	94
95	Open 200 IM	96
97	13 and 14 200 Fly	98
99	Open 200 Fly	100
101	13 and 14 100 Back	102
103	Open 100 Back	104
105	13 and 14 200 Breast	106
107	Open 200 Breast	108
109	13 and 14 100 Free	110
111	Open 100 Free	112

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Master Entry Form

Team name: _____ Call Letters: _____

Address: _____

Coach: _____ Home phone: _____ Office: _____

Swimmers/Coach Registration

I certify that all individuals listed on the attached forms are currently registered members of USA Swimming and are eligible to compete in this meet. I further certify that one or more of the USA Swimming listed member coaches will be on deck supervising during warm-up and competitive sessions at the meet.

Name of Coach:	Team:
_____	_____
_____	_____
_____	_____
_____	_____

I certify that all individuals listed above are currently registered USA Swimming Coach Members, and that I am a current USA Swimming registered Non-athlete member.

 Signature (must be USA Swimming member) Team _____ Date _____

Entries must be received by Friday, May 14, 2009 by 5:00 PM. Please submit entries to:
 Susan Schuster (904) 635-8345
 4455 Atlantic Blvd e-mail: schusters@episcopalhigh.org
 Jacksonville, FL 32207

Financial Recap

We have entered the following:

Facility Fee per swimmer:	_____	@ \$7.50 EACH = \$	_____
Timed Finals	_____	@ \$3.00 EACH = \$	_____
Relays	_____	@ \$5.00 EACH = \$	_____

TOTAL FEES DUE \$ _____

NET FEES DUE \$ _____

** Make check payable to Episcopal AmberJax **