

## **St. Petersburg Aquatics Friday/Saturday AM/PM at the Races All Events will be Seeded - Fastest to Slowest**

- Sanctioned by:** Florida Swimming of USA Swimming # 5090  
"In granting this sanction, it is understood and agreed that USA-S shall be free and held harmless from any liabilities or claims for damages by reason of injuries to anyone during the conduct of this event."
- Condition of Sanction:** The competition course has been certified in accordance with 104.2.2c(4). The copy of such certification is on file with USA Swimming.
- Sponsored by:** St. Petersburg Aquatics, City of St. Petersburg Department of Leisure Services
- Type of Meet:** Age Group and Senior 50 meter long course, Timed Finals
- Date and Time:** Friday, April 16, 2010 - 3:00pm Warm-up 5:30pm Start  
Saturday, April 17, 2010 - 7:00am Warm-up 8:30am Start
- Location:** North Shore Pool  
901 North Shore Drive NE, St. Petersburg, FL 33701
- Pool Spec:** Certified 50 meter, outdoor pool with a maximum of 10 long course racing lanes. A depth of 4 feet at start and turn ends of the pool and non-turbulent lane lines. Constant warm down lanes available.
- Timing Equipment:** Colorado Timing System with scoreboard
- Eligibility:** Open to all USA swimming registered swimmers.
- Seeding:** 50-meter times will be used for seeding, Fastest to Slowest
- Scratches:** No penalty for scratching on the block.
- Entry Limit:** Entries will be limited to keep the meet under the four (4) hours Per session. Swimmers will be limited to a maximum of three (3) Individual events per day. Swimmers posting entries over the Limit will be considered as entered in the first three (3) events Listed.
- Entry Form:** Entries must be submitted by electronic entry only, in SDIF or CL2 Format. Disk and email entries must be accompanied by a back-up hard copy of the entry and the Master Entry Form.
- Entry Fee:** Individual events: \$3.00  
Facility Charge \$5.00 per swimmer
- Deck Entry:** Deck entries will be accepted to fill heats only. No new heats Will be created. Each deck entry will cost \$10.00. All deck entries Must be accepted by the Administrative Referee and assigned a Lane by 4:45pm and 8:15am. A swimmer may not drop an event to deck enter another event, and the entry limit of 4 events remains.
- Entry Deadline:** All entries must be submitted by **Friday, April 9, 2010**.  
Enclose checks and make payable to **St. Petersburg Aquatics**.  
Please send **Express Mail Overnight** to:  
Mr. Fred Lewis  
St. Petersburg Aquatics

North Shore Pool  
 901 North Shore Drive, NE  
 St. Petersburg, FL 33701

**Awards:** Age Group Events: 1st - 10th Ribbon, No Awards for Senior Events

**Rules:** Current USA Swimming Technical rules will govern. Safety Rules, As outlined by USA Swimming, and as recommended by the Head Marshall, will be in effect during all warm-up periods and in all Warm-up areas. Fly over starts may be used at the referee's Discretion.

**Team Representative:** Prior to the start of the meet, the name of one person other than The coach who will check with the referee about any matter Pertaining to the meet must be given to the referee. The coach and Only that person will be recognized.

**Identification:** Coaches & Officials shall wear their USA-S registration card in a conspicuous location at all times while on deck during a swim meet.

**Warm-Up Schedule:** The first 25 minutes will be general warm-up as listed below. The Last 25 minutes will be controlled warm-up as listed below.

Lane 1 Push off 50's pace (circle swimming) Lane 1 Push off 50's pace (circle swimming)  
 Lane 2 Swimming and pulling only (push-off no equipment) Lane 2 Racing start one length only  
 Lane 3 Swimming and pulling only (push-off no equipment) Lane 3 Racing start one length only  
 Lane 4 Swimming and pulling only (push-off no equipment) Lane 4 Swimming and pulling only  
 Lane 5 Swimming and pulling only (push-off no equipment) Lane 5 Swimming and pulling only  
 Lane 6 Swimming and pulling only (push-off no equipment) Lane 6 Swimming and pulling only  
 Lane 7 Swimming and pulling only (push-off no equipment) Lane 7 Swimming and pulling only  
 Lane 8 Swimming and pulling only (push-off no equipment) Lane 8 Racing start one length only  
 Lane 9 Swimming and pulling only (push-off no equipment) Lane 9 Racing start one length only  
 Lane 10 Push off 50's pace (circle swimming) Lane 10 Rush off 50's pace (circle swimming)

**\*\*\*Except for racing start, swimmers must enter the pool feet first with one hand Touching the deck of the pool\*\*\***

**NO EQUIPMENT ALLOWED IN THE POOL AT ANY TIME**

**Officials:** Referee: Kevin Mooren Chief Stroke and Turn: Angela Jones  
 Admin. Referee: Joanie Gauzens Head Marshall: Joe Finke  
 Starter: Dan Nardoizzi & Jeanne Finke

**Meet Manager:** Fred Lewis 821-2918,  
 swimstpete@aol.com

**Friday, April 16, 2010. (Swimmers may enter a maximum of three (3) events)**

**3:00 PM Warm-up 5:30 PM Start**

**USE 50 METER TIMES FOR ENTRY!!!!!!USE 50 METER TIMES FOR ENTRY!!!!!!**

Event Number	Age Group	Event	Event Number	Age Group	Event
G - B			G - B		
1 - 2	Senior	100 Back	19 - 20	Senior	100 Breast
3 - 4	11- 12	100 Back	21 - 22	11 - 12	100 Breast
5 - 6	9 - 10	50 Back	23 - 24	9 - 10	50 Breast
7 - 8	8 & U	50 Back	25 - 26	8 & U	50 Breast
9 - 10	Senior	200 Fly	27 - 28	Senior	200 Free
11 - 12	Senior	50 Fly*	29 - 30	11 -12	50 Free

13 - 14	11 & 12	50 Fly	31 - 32	9 - 10	50 Free
15 - 16	9 - 10	50 Fly	33 - 34	8 & under	50 Free
17 - 18	8 & Under	50 Fly	35 - 36	Senior	50 Free

- Not a recognized Florida Swimming Event

Saturday, April 17, 2010 ( Swimmers may enter a maximum of three (3) events)

7:00 AM Warm-up                      8:30 AM Start

37 - 38	11 - 12	400 Free**	5:24.00	meter cut or JO 500 yard cut
39 - 40	13 - 14	400 Free**	5:15.00	meter cut or JO 500 yard cut
41 - 42	Senior	200 Back	55 - 56	Senior      200 Breast
43 - 44	Senior	50 Back *	57 - 58	Senior      50 Breast*
45 - 46	11 - 12	50 Back	59 - 60	11 - 12      50 Breast
47 - 48	10 & U	100 Back	61 - 62	10 & U      100 Breast
49 - 50	Senior	100 Fly	63 - 64	Senior      100 Free
51 - 52	11 - 12	100 Fly	65 - 66	11 - 12      100 Free
53 - 54	10 & U	100 Fly	67 - 68	10 & U      100 Free

\*\* swum together by age and gender and scored separately. Limited to the fastest 12 swimmers per age group or a total of 50 swimmers. QUALIFY TIMES WILL BE STRICTLY ENFORCED. NO TIME ENTRIES WILL NOT BE ACCEPTED. ALL SWIMMERS MUST HAVE THEIR COACH CHECK THEM IN AND PROVE TIMES BY FRIDAY, APRIL 16 AT 6PM. SWIMMERS USING THE JO 500 YARD TIME AS PROOF WILL BE SEATED AT THE QUALIFYING TIME