

Central Florida Relay Challenge
January 31, 2015
8 AM start, 7 AM warm up

Sanctioned By: Blue Dolphins. Florida Swimming of USA Swimming #3194-1

Hosted By: Blue Dolphins

“In granting this approval it is understood and agreed that USA Swimming and Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.”

Condition of Sanction:

1. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
2. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
3. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Type of Meet: 25 Yard relay only meet / timed finals *Meet management may opt to use fly-over starts at this competition.

Dates & Times: January 31, 8:00 AM start

Location: Oviedo Aquatic Center 148 Oviedo Blvd, Oviedo FL 32765

Pool Specifications: Water depth at the competition starting end is a minimum of 5 feet, and turning end a minimum of 5 feet, 8 lanes available for warm up, paragon blocks at one end only. Equipment: Daktroniks

Warm-up: 7 – 7:45 AM open warm up 16 lanes

Eligibility: On deck registration will not be allowed. * Open to all currently registered USA Swimming swimmers

Entry Limit: 5 relay swims for the meet. Meet will be limited to 4 hours by the end of the 12 and under events.

*No limit on relay teams, please designate as A, B, C, etc.

Seeding: * Use 25 Yard Short Course times

Scratch Penalty: none

Entries: must be emailed to bdcoachrose@gmail.com in SDIF or cl2 format by January 26th 10 PM

Deck Entries Deck entries will be accepted until 7:30 and will be a 10\$ fee.

* A relay may only deck enter an event that has an existing empty lane, no new heats will be established.

Entry Fee: \$10 per swimmer surcharge

Entry Deadline: All entries must be received by January 26th 10PM

EMail Entries to bdcoachrose@gmail.com

Call Charlie Rose for information 407-617-2770

*Make check payable to (blue dolphins_)

Officials: Meet Referee: Dave Nesper, Starter: Sung Yi, Admin. Official Kent Rockaway:

Head Stroke & Turn: Darren Hunt, Marshal: Sue Lowe, Meet Manager: Charlie Rose

Scoring: standard scoring to be used

Awards: top 3 relays in every event

Team Representative: Prior to the start of the meet, the name of one person other than the coach, who will check with the referee about any matter pertaining to the meet, may be given to the referee. For each team, The coach and that person only will be recognized.

Identification: Coaches and Officials shall wear their USA Swimming registration card in a conspicuous location at all times while on deck during a swim meet.

Camera Zones: Per Florida Swimming Rule 223.12, Meet Management shall designate and inform the public of “Camera Zones” at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable “Camera Zones” may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a “startend,” etc. Meet Management shall also designate “Non-Camera Zones.” Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

For Information: call Charlie Rose 407-617-2770

Rules: Current USA Swimming Rules & Regulations will govern.

MIXED RELAYS ARE: 2 Men / 2 Women any order..

- 1 Girls 200 Freestyle Relay
- 2 Boys 200 Freestyle Relay
- 3 Girls 13-14 200 Freestyle Relay
- 4 Boys 13-14 200 Freestyle Relay
- 5 Girls 11-12 200 Freestyle Relay
- 6 Boys 11-12 200 Freestyle Relay
- 7 Girls 9-10 200 Freestyle Relay
- 8 Boys 9-10 200 Freestyle Relay
- 9 Girls 8 & Under 200 Freestyle Relay
- 10 Boys 8 & Under 200 Freestyle Relay
- 11 Girls 200 Medley Relay
- 12 Boys 200 Medley Relay
- 13 Girls 13-14 200 Medley Relay
- 14 Boys 13-14 200 Medley Relay
- 15 Girls 11-12 200 Medley Relay
- 16 Boys 11-12 200 Medley Relay
- 17 Girls 9-10 200 Medley Relay
- 18 Boys 9-10 200 Medley Relay
- 19 Girls 8 & Under 100 Medley Relay
- 20 Boys 8 & Under 100 Medley Relay
- 21 Mixed 400 Medley Relay
- 22 Mixed 13-14 400 Medley Relay
- 23 Mixed 11-12 400 Medley Relay
- 24 Mixed 9-10 400 Medley Relay
- 25 Mixed 8 & Under 200 Medley Relay
- 26 Girls 100 Freestyle Relay
- 27 Boys 100 Freestyle Relay
- 28 Girls 13-14 100 Freestyle Relay
- 29 Boys 13-14 100 Freestyle Relay
- 30 Girls 11-12 100 Freestyle Relay
- 31 Boys 11-12 100 Freestyle Relay
- 32 Girls 9-10 100 Freestyle Relay
- 33 Boys 9-10 100 Freestyle Relay
- 34 Girls 8 & Under 100 Freestyle Relay
- 35 Boys 8 & Under 100 Freestyle Relay
- 36 Mixed 400 Freestyle Relay
- 37 Girls 10 & Under 4x crescendo Freestyle
- 38 Boys 10 & Under 4x crescendo Freestyle
- 39 Girls 11-12 4x crescendo Freestyle 25,50,75,100
- 40 Boys 11-12 4x crescendo Freestyle 25,50,75,100
- 41 Girls 13-14 4x crescendo Freestyle 25,50,75,100
- 42 Boys 13-14 4x crescendo Freestyle 25,50,75,100
- 43 Girls 4x crescendo Freestyle 25,50,75,100 Relay
- 44 Boys 4x crescendo Freestyle 25,50,75,100 Relay