



**TREASURE COAST AQUATICS**  
**H2O Zone Summer Open Invitational**  
**2013 LONG COURSE SWIM MEET**  
Sailfish Splash Waterpark  
931 SE Ruhnke St, Stuart, FL 34994

- Sanction by: Florida Swimming of USA Swimming # 6212-1  
*"In granting this sanction it is understood and agreed that USA Swimming and Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event."*
- Condition of Sanction: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
- Type of Meet: Age Group and Senior, 50 meter, Long Course, Timed Finals
- Host: Treasure Coast Aquatics
- Sponsor: Martin County Parks and Recreation Department
- Date and Time: Friday June 7, Saturday June 8 and Sunday June 9, 2013  
Friday 5:00pm; Morning sessions begin at 8:30 am;  
Afternoon sessions will not begin before 12:00 noon.
- Warm up: One hour prior to start of Friday evening and Morning sessions;  
Guarantee of one half hour prior to start of the afternoon sessions.
- Location: Sailfish Splash Waterpark - 931 SE Ruhnke St, Stuart, FL 34994
- Pool Specs: Water depth at the competition-starting end is a minimum of 7 feet and the turn end is a minimum of 13 feet. Eight lanes, 50 meter, Outdoor heated/chilled pool, Non-turbulent lane lines. Separate six-lane 25 yard heated/chilled pool available for warm up and warm down.
- Timing System: Colorado Electronic Timing Equipment with Electronic Display
- Eligibility: Open to all USA Swimming registered swimmers. Limited to first 400 swimmers. Registered swimmers and teams from foreign countries are welcome. On deck registration will be allowed. The 2012 USA-S form, fee, etc. must be presented to the Referee.
- Seeding: 50 meter times will be used for seeding purposes. Conversions may be made using the formula in the 2012 Florida Swimming Handbook or by the standard computer software used to prepare your entry.
- Entry Limit: Five (5) individual events per day plus relays. Swimmers over entered will be considered as entered in the first 5 events each day. No limit to relay entries, but each entry should indicate "A", "B" etc.



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- Scratch Penalty: No penalty for scratches on the block
- Awards: Individual Events: 1st- 8th Ribbons;  
Relays: 1st - 3rd Ribbons;  
Heat Winner ribbons: 11-12, 10&u, 8&u age groups  
Team Awards: 1st - 3rd Place  
High Point Awards: 1st - 3rd Male and Female each age group
- Scoring: Individual: 9-8-7-6-5-4-3-2-1; Relays: 18-14-12-10-8-6-4-2
- Rules: Current USA Swimming rules will govern the meet. Safety rules, as outlined by USA Swimming, and as recommended by the Head Marshall, will be in effect during all warm-ups and in all warm-up areas.
- ❖ No recall false start will be used as outlined in 102.14.48.
  - ❖ Fly-over starts will be used at the discretion of the head referee.
  - ❖ Meet Management reserves the right to cancel relays in accordance with the 4 hour rule.
- Entry Forms: Entries must be in USA Swimming SDIF format. Sent by email using Hy-Tek team manager. Corrupted, unreadable, or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted electronically are the responsibility of the applicant.
- Preferred: Entries will be accepted via electronic mail. You may e-mail entries to  
  
skimmelm@irsc.edu

**\*\*IMPORTANT NOTE\*\* WE CAN NOT ACCEPT ZIP files.** Please be sure to e-mail either a CL2 file or an HY3 file with your entries for the meet.

You can mail entries via an overnight carrier to:

Scott Kimmelman  
H2O Zone Summer Open Invitational  
3209 Virginia Avenue  
Ft. Pierce, FL 34981  
(772) 462-7760

If using overnight carrier, please indicate that no signature is required upon signature at delivery!!

Please list all attending coaches and contact phone numbers in the body of the email. Email confirmation will be sent upon receipt of the file. Free text email will not be accepted. A signed hard copy printout also serves as proof of entry. The legal name and current USA Swimming registration number for each swimmer must be listed on the entry file, including "relay only" swimmers.



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- Deck Entries: Deck entries are to be submitted to meet management no later than 30 minutes prior to the start of each session. The fee for deck entries is \$10.00 per event. If the swimmer is not already in the meet, the \$7.50 facility fee is also due. Fees must be paid at the time the entry is made. Deck entries will be accepted only if there are open lanes in the desired event. Swimmers must still comply with the maximum per session entry limit and other eligibility requirements. Swimmers may not scratch an event in order to deck enter a new event. Proof of USA Swimming registration must be met.
- Entry Fees: \$7.50 per swimmer Meet Surcharge;  
Age Group and Senior: \$3.00 per individual event - \$5.00 per relay.  
\$50.00 **additional fee** if team **does not** enter the meet using the Hy-tek format.
- Checks payable to: TREASURE COAST AQUATICS
- Entry Deadline: Entries must be received by TUESDAY, MAY 28, 2013.
- Information: Pat Toner – Head Coach, Treasure Coast Aquatics  
772-678-6061  
h2okids@bellsouth.net
- Representative: Prior to the start of the meet, the name of the team representative, other than the Head Coach, must be given to the Head Referee. Only the Coach and the team representative will be recognized. All swimmers must be represented by a certified USA Swimming member coach. The coach must show proof of membership before their swimmers compete in any event.
- Identification: Coaches and Officials shall wear their USA Swimming registration card in a conspicuous manner, on their person, at all times while on deck during the meet.
- Officials: Head Referee: Judi Wojcik  
Starter: Leanne Turner  
Head Stroke and Turn: David Weller
- Supervision: A current coach member of USA Swimming must supervise each swimmer participating in a Florida Swimming sanctioned meet during warm-up and competition. An unattached athlete or an athlete not escorted by a coach member must check in with the meet referee upon arrival at the meet. Such athletes must find a substitute coach who will supervise him/her during warm-up and competition and must submit the enclosed alternate coaches form (signed) to the Referee.



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**Camera Zones:** Per Florida Swimming Rule 223.12, Meet Management shall designate and inform the public of “Non-Camera Zones” “at each swim meet where both still photography and video photography of a race or a competitor in a race is prohibited. Under NO circumstances will photography be permitted in 1) the areas immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition; and 2) warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2. Acceptable “Camera Zones” may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a “start-end,” etc.

**Conduct:** Except where venue facilities require otherwise, changing into our out of swimsuits other than in locker room, family restrooms or other designated areas is not appropriate and is prohibited.

**WARM UP SCHEDULE**

<u>LANE FIRST 1/2 HOUR-General Warm-up</u>		<u>SECOND 1/2 HOUR-Controlled Warm-up</u>
1	Push off 50’s or 100’s pace (circle swimming)	Push off 50’s pace (circle swimming)
2	Swimming and pulling only (push off)	Racing start, one length only
3	Swimming and pulling only (push off)	Swimming and pulling only (push off)
4	Swimming and pulling only (push off)	Swimming and pulling only (push off)
5	Swimming and pulling only (push off)	Swimming and pulling only (push off)
6	Swimming and pulling only (push off)	Racing start, one length only
7	Swimming and pulling only (push off)	Racing start, one length only
8	Push off 50’s pace (circle swimming)	Push off 50’s pace (circle swimming)

- ❖ **NO EQUIPMENT IS TO BE USED DURING WARM-UP**
- ❖ **NO RACING STARTS IN WARM UP OR WARM DOWN Pool**
- ❖ **AT ALL TIMES DURING THE WARM-UP SWIMMERS MUST ENTER THE WATER FEET FIRST WITH ONE HAND ON THE DECK INCLUDING WHEN SWIMMERS ARE NOT DOING A RACING START**

**DIRECTIONS:**

**SAILFISH SPLASH WATERPARK**  
**931 SE Ruhnke St, Stuart, FL 34994**

**From FL Turnpike:** **Exit 133 Palm City/Stuart**  
 Straight (North - thru light) on **Martin Downs Blvd** for 4 miles.  
 (Over Palm City bridge road changes name to Monterey Rd)  
 Right (South) on to **Willoughby Blvd.** Aquatics Center will be on the left.

**From I-95:** **Exit 101 SR 76.**  
 North on **SR76 (Kanner Hwy)** - 3.5 miles  
 Right (East) on to **Indian St** - 0.5 miles.  
 Left (North) on to **Willoughby Blvd.** - ½ mile. Aquatics Center will be on the right.



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Accommodations: Special team rates for the meet have been negotiated at several local hotels. Make sure when you call the hotel you mention that you are a participant in the H2O Zone Summer Open Invitational Swim Meet.

Sailfish Splash Waterpark: *Athletes and their family members will be provided with discount admission passes to the recreation area of Sailfish Splash Waterpark on the days of the swim meet. Visit [sailfishsplash.com](http://sailfishsplash.com) website for more information on the Waterpark.*



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**TREASURE COAST AQUATICS JUNE 2012 - H2O Zone Summer Open Invitational**

**ORDER OF EVENTS**

**FRIDAY, JUNE 7, 2012**

		<b>START at 5:00PM</b>	<b>WARM UPS at 4:00PM</b>
<b>GIRLS</b>	<b>BOYS</b>	<b>AGE GROUP</b>	<b>EVENTS</b>
1	2	10 & under	200 Free
3	4	11 –12	400 Free
5	6	13 – 14	400 Free*
7	8	Senior	400 Free*
9	10	10 & under	200 Individual Medley
11	12	11 – 12	200 Individual Medley
13	14	13 – 14	400 Individual Medley**
15	16	Senior	400 Individual Medley**

\* Events 5 & 7 and 6 & 8 will be swum together, but scored separately.

\*\*Events 13 & 15 and 14 & 16 will be swum together, but scored separately.

**MORNING SESSIONS**

**START at 8:30 am**

**WARM-UPS begin at 7:30 am**

**SATURDAY, JUNE 8 2012**

**SUNDAY, JUNE 9, 2012**

<b>GIRLS</b>	<b>BOYS</b>	<b>AGE GROUP</b>	<b>EVENT</b>	<b>GIRLS</b>	<b>BOYS</b>	<b>AGE GROUP</b>	<b>EVENT</b>
17	18	11-12	100 Free	63	64	11-12	50 Free
19	20	10 & under	100 Free	65	66	10 & under	50 Free
21	22	11-12	50 Breast	67	68	8 & under	50 Free
23	24	10 & under	50 Breast	69	70	11-12	100 Breast
25	26	8 & under	50 Breast	71	72	10 & under	100 Breast
27	28	11-12	100 Back	73	74	11-12	50 Back
29	30	10 & under	100 Back	75	76	10 & under	50 Back
31	32	11-12	50 Fly	77	78	8 & under	50 Back
33	34	10 & under	50 Fly	79	80	11-12	100 Fly
35	36	8 & under	50 Fly	81	82	10 & under	100 Fly
37	38	11-12	200 F. Relay	83	84	11-12	200 Free
39	40	10 & under	200 F. Relay	85	86	10 & under	200 M. Relay
				87	88	11-12	200 M. Relay

**AFTERNOON SESSIONS**

**WARM-UPS 30 minutes prior**

**Will not begin before 12:00 noon**

**SATURDAY, JUNE 8, 2012**

**SUNDAY, JUNE 9, 2012**

<b>GIRLS</b>	<b>BOYS</b>	<b>AGE GROUP</b>	<b>EVENT</b>	<b>GIRLS</b>	<b>BOYS</b>	<b>AGE GROUP</b>	<b>EVENT</b>
41	42	Senior	200 Free	89	90	Senior	200 IM
43	44	13-14	200 Free	91	92	13-14	200 IM
45	46	Senior	100 Fly	93	94	Senior	100 Free
47	48	13-14	100 Fly	95	96	13-14	100 Free
49	50	Senior	200 Back	97	98	Senior	200 Breast
51	52	13-14	200 Back	99	100	13-14	200 Breast
53	54	Senior	100 Breast	101	102	Senior	100 Back
55	56	13-14	100 Breast	103	104	13-14	100 Back
57	58	Senior	50 Free	105	106	Senior	200 Fly
59	60	13-14	50 Free	107	108	13-14	200 Fly
61	62	Senior	200 F. Relay	109	110	Senior	200 M. Relay



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**MASTER ENTRY FORM**

**TEAM NAME** \_\_\_\_\_ **CALL LETTERS** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_

**COACH** \_\_\_\_\_ **PHONE** \_\_\_\_\_

**Swimmers/Coach Registration**

I certify that all individuals listed on the attached forms are currently registered members of USA Swimming and are eligible to compete in this meet. I further certify that one or more of the USA Swimming listed member coaches will be on deck supervising during warm-up and competitive sessions at the meet.

Name of Coach: \_\_\_\_\_ Team: \_\_\_\_\_

I certify that all individuals listed above are currently registered USA Swimming Coach Members, and that I am a current USA Swimming registered Non-athlete member.

\_\_\_\_\_  
 (must be USA Swimming member) Team Date Signature

**Entries must be received by Tuesday, May 29, 2012**  
**E-mail entries to (Preferred):** skimmelm@irsc.edu  
**Mail entries (No signature required) to:**  
 Scott Kimmelman  
 H2O Zone Summer Open Invitational  
 3209 Virginia Avenue  
 Ft. Pierce, FL 34981  
 (772) 462-7760  
**Inquiries - Phone Pat Toner @ 772-678-6061**

**Financial Recap**

We have entered the following:

Total Swimmers	@ \$7.50
Individual Events	@ \$3.00
Relays	@ \$5.00
Hy-tek Fee ( <b>team not using Hy-tek</b> )	\$50.00
Total Fees Paid	\$ _____

