



2008 Florida Swimming Spring Senior Championship

Time Standards

Women								Men					
15-16			Senior					15-16			Senior		
SCY	SCM	LCM	SCY	SCM	LCM	EVENTS		SCY	SCM	LCM	SCY	SCM	LCM
27.19	30.04	30.99	26.79	29.60	30.79	50	Free	24.49	27.06	28.19	23.39	25.85	27.39
59.09	1:05.29	1:07.39	56.89	1:02.86	1:05.29	100	Free	53.09	58.66	1:01.49	51.09	56.45	58.19
2:06.99	2:20.32	2:23.19	2:01.49	2:14.25	2:19.99	200	Free	1:55.79	2:07.95	2:13.49	1:50.19	2:01.76	2:05.59
5:35.39	4:53.50	4:59.99	5:20.79	4:40.72	4:53.19	500	Free	5:11.69	4:32.76	4:41.09	5:00.79	4:23.22	4:32.19
11:26.09	10:00.40	10:41.89	11:26.09	10:00.40	10:29.79	1,000	Free	10:44.19	9:23.73	10:04.59	10:44.19	9:23.73	9:33.89
19:44.59	19:37.72	20:28.49	19:08.99	19:02.33	20:14.59	1,650	Free	18:30.79	18:24.35	19:22.99	18:00.99	17:54.72	19:00.79
1:09.09	1:16.34	1:19.19	1:07.79	1:14.91	1:18.09	100	Back	1:01.49	1:07.95	1:12.79	1:01.49	1:07.95	1:09.39
2:27.79	2:43.30	2:48.59	2:26.79	2:42.20	2:47.59	200	Back	2:14.89	2:29.05	2:34.89	2:13.59	2:27.62	2:33.89
1:17.79	1:25.96	1:28.99	1:15.19	1:23.08	1:28.69	100	Breast	1:08.19	1:15.35	1:20.59	1:07.79	1:14.91	1:16.99
2:47.19	3:04.74	3:12.29	2:41.89	2:58.89	3:11.09	200	Breast	2:28.79	2:44.41	2:54.39	2:27.99	2:43.53	2:50.29
1:04.79	1:11.59	1:16.19	1:04.79	1:11.59	1:13.09	100	Fly	58.39	1:04.52	1:09.39	57.19	1:03.19	1:05.29
2:26.79	2:42.20	2:45.39	2:21.19	2:36.01	2:45.39	200	Fly	2:14.99	2:29.16	2:33.69	2:13.69	2:27.73	2:33.69
2:24.39	2:39.55	2:49.99	2:21.39	2:36.24	2:42.89	200	IM	2:11.29	2:25.08	2:37.69	2:08.39	2:21.87	2:26.89
5:09.29	5:41.77	6:00.59	4:53.09	5:23.86	5:58.29	400	IM	4:50.89	5:21.43	5:34.99	4:34.09	5:02.87	5:27.99