

The 2008 Elizabeth Kazeck Fall Invitational
HOSTED BY HIGHLANDER AQUATICS
and Lake Highland Preparatory School
October 4-5, 2008

- SANCTIONED BY:** Florida Swimming of USA Swimming Sanction # 4677
- SPONSORED BY:** HIGHLANDER AQUATICS and SPEEDO
- DATE AND TIME:** Saturday Session 1, October 4 AM Session start time: 8:30 am
Saturday Session 2, October 4 PM Session start time: Not before 12:30
Saturday Session 3, will begin 15 minutes after the completion of Session 2 or at a time set by the meet referee
Sunday Session 4, October 5 AM Session start time: 8:30 am
Sunday Session 5, October 5 PM Session start time: Not before 12:30
Sunday Session 6, will begin 15 minutes after the completion of Session 5 or at a time set by the meet referee
- TYPE OF MEET:** Outdoor Short Course (25 yards). Timed Final
If necessary each session will use two courses simultaneously.
Meet Management may choose to run a 10 lane course to expedite sessions
NO qualifying times will be required.
Meet Management may opt to use 'fly-over' starts.
- LOCATION:** Lake Highland Preparatory School Aquatic Complex
901 North Highland Avenue
Orlando, FL 32803
407-206-1900 Ext. 182
- POOL SPECIFICATIONS:** Two certified 25 yard, 8 lane courses with non-turbulant lane lines.
Regulation starting platforms, Two Colorado 5000 timing systems and automatic touchpads with scoreboard will be used. . The competition water depth is 6 foot 9 inches at the start end.
- ELIGIBILITY:** Open to the first 800 currently registered USA Swimming athletes. Meet will be limited as to not exceed the 4 hour rule. Short course 25 yard times will be used for seeding. Conversions may be made using the formula found in the Florida Swimming Handbook.
- SEEDING:**
- SCRATCH PENALTY:** No penalty for scratching pre-seeded events. Any swimmer entered in a deck seeded event, who has checked in for that event, must swim the event unless she/he notified the clerk of course before the seeding of that event has begun. Failure to do so will result in the swimmer being barred from the next individual event in which he/she is entered that day or the first event the following day.
- ENTRY LIMITS:** Swimmers are limited to four ENTERED events per day excluding relays. If a swimmer is entered in more than four events in one day, they will be considered entered in the first four events numerically of that day.

- ENTRY FORM:** Entries must be submitted using Hytek, by email or disc. Please print out entries from HY-TEK disc for proof of entry. Manual entries will be accepted and charged an extra \$50.00. The entry recap and coaching certification must also be completed and signed. The master entry form must be signed by a USA Swimming member.
- SCORING:** Individual: 9-7-6-5-4-3-2-1
Relay: 18-14-12-10-8-6-4-2
In accordance with the Florida Swimming Handbook.
- INDIVIDUAL AWARDS:** Individual Events:
Ribbons 1st - 8th for all 12 and under age groups; no awards 13 and over
Relay Events: Ribbons 1st - 3rd for all 12 and under age groups; no awards 13 and over
High Point: Top swimmer in each age group
All awards must be picked up upon the completion of the meet.
No awards will be mailed.
- DISTANCE EVENTS:** 400 IM and the 1000 Free will be deck seeded events. These events will be limited to the top 48 checked in swimmers of each gender on submitted times and be swum fastest to slowest. There will be NO refunds for swimmers not making the final 48 competitors; however swimmers may choose to deck enter another event. The meet referee may at his/her discretion opt to have all competitors swim.
*Check in deadline for Saturday's 400 IM and Sunday's 1000 Free will be 2:00 pm. Swimmers not checked in by the deadline may swim in available heats and lanes, but no new heats will be created. Deck entries will be accepted up to the check-in deadline and will be subject to the 48 competitor cutoff limit.
- RULES:** USA Swimming Rules will govern the Meet. The USA Swimming Championship no recall start will be used as outlined in 102.14.4H in the USA Swimming Rules & Regulations.
- OFFICIALS:** Referees: Duke Torbert and Brent Wine
Starters: Alex Pena
Head Stroke and Turn: Christina Pressley
Head Marshall: Mike Curley
- MEET MANAGER:** Mike Curley 407-206-1900 Ext. 1180
- ENTRY FEE:** \$5.00 Meet Surcharge
\$2.50 per individual event
\$4.50 per relay team
\$10.00 per event deck entered at the meet
\$50.00 *additional fee* if team *does not* enter the meet using the Hy-tek format.
Checks payable to: **Highlander Aquatics**
Entry Deadline: Master Entry Form and entry fees must be received by
- ENTRY DEADLINE:** **Friday, September 26, 2008 by 5:00 PM**

MAIL ENTRIES TO: HIGHLANDER AQUATICS
MIKE CURLEY
901 NORTH HIGHLAND AVENUE
ORLANDO, FLORIDA 32803

Email entries to : curleyfamily5@aol.com

COACH SUPERVISION: Each swimmer participating in a Florida Swimming sanctioned meet must be supervised during warm-ups and competition by a current coach member of USA Swimming.

COACHES & OFFICIALS: Coaches and Officials shall wear their USA Swimming registration card in a conspicuous location at all times while on deck during a swim meet.

COACHES
HEAT SHEETS: Each Team will receive one heat sheet for every coach listed on their proof of entry form and with a current USA Swimming membership card.

Deck Entries: Deck entries are to be submitted to meet management no later than 30 minutes prior to the start of each session. The fee for deck entries is \$10.00 per event. **If the swimmer is not already in the meet, the \$5.00 facility fee is also due.** Fees must be paid at the time the entry is made. Deck entries will be accepted only if there are open lanes in the desired event. Swimmers must still comply with the maximum per session entry limit and other eligibility requirements. Swimmers may not scratch an event in order to deck enter a new event. Proof of USA Swimming registration must be met.

Team Representative: Prior to the start of the meet, the name of one person other than the coach, who will check with the referee about any matter pertaining to the meet, may be given to the referee. For each team, the coach and that person only will be recognized.

Warm-up Schedule for Both Courses and Sessions:

The first 1/2 hour is general warmup as follows:

ALL SWIMMERS WILL ENTER THE POOL FEET FIRST AND WITH ONE HAND ON THE DECK

Lane (Push-off's only NO EQUIPMENT)

- 1 Swimming and Pulling only
- 2 Swimming and Pulling only
- 3 Swimming and Pulling only
- 4 Swimming and Pulling only
- 5 Swimming and Pulling only
- 6 Swimming and Pulling only
- 7 Swimming and Pulling only
- 8 Swimming and Pulling only

The second 1/2 hour is controlled warm-up as follows:

Lane (NO EQUIPMENT)

- 1 Push off 50's pace (circle swimming)
- 2 Racing start one length only sprints)
- 3 Swimming and Pulling only
- 4 Swimming and Pulling only
- 5 Swimming and Pulling only
- 6 Racing start one length only sprints
- 7 Racing start one length only sprints
- 8 Push off 50's pace (circle swimming)

NO EQUIPMENT PERMITTED

MASTER ENTRY FORM
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TEAM NAME _____ CALL LETTERS _____

ADDRESS _____

COACH _____ LSC _____

HOME PHONE _____ OFFICE PHONE _____

Email address: _____

SWIMMER/COACH REGISTRATION

I certify that all individuals listed on the attached entry forms are current registered members of USA Swimming and are eligible to compete in the meet. I further certify that one or more of the following coaches will be on-deck supervising the activities of these individuals during all warm-up and competitive sessions at the meet.

<u>Name of Coach</u>	<u>Team Affiliation</u>
_____	_____
_____	_____
_____	_____

I certify that the individuals listed above are current registered USA Swimming coach members, and that I am a current USA Swimming registered non-athlete member.

 Signature (Must be a current USA Swimming member) Team Affiliation Date

ENTRIES MUST BE RECEIVED BY FRIDAY, September 26, 2008
NO LATER THAN 5:00 PM

MAIL TO: MICHAEL H. CURLEY **EMAIL: Curleyfamily5@aol.com**
 901 N. HIGHLAND AVE.
 ORLANDO, FL 32803

Financial Recap

Number of Swimmers	_____	x \$5.00 = _____
Individual Events	_____	x \$2.50 = _____
Number of Relays	_____	x \$4.50 = _____

TOTAL FEES PAID _____

HIGHLANDER AQUATICS
Alternate Coaches Form
2008 Elizabeth Kazeck Fall Invitational
October 4-5, 2008

The following swimmers are entered in the Highlander Invitational and are attending without a coach.

Swimmer's Name	USA #	Team	Age

I am a certified coach of USA Swimming in good standing and I agree to coach the above named swimmer(s) during all warm-ups and competitions in which they participate associated with this meet.

Signature _____

Print Name _____

Coaches Team _____

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SATURDAY SESSION ONE

WARMUPS: 7:30 AM MEET STARTS: 8:30 AM

EVENT #	AGE GROUP	EVENTS
1-2	10 AND UNDER	200 FREE RELAY
3-4	8 AND UNDER	100 FREE RELAY
5-6	10 AND UNDER	50 FREE
7-8	8 AND UNDER	50 FREE
9-10	6 AND UNDER	25 FREE
11-12	10 AND UNDER	100 BACK
13-14	8 AND UNDER	25 BACK
15-16	6 AND UNDER	25 BACK
17-18	10 AND UNDER	50 FLY
19-20	8 AND UNDER	50 FLY
21-22	6 AND UNDER	25 FLY
23-24	10 AND UNDER	100 BREAST
25-26	8 AND UNDER	25 BREAST
27-28	6 AND UNDER	25 BREAST
29-30	10 AND UNDER	200 IM

SUNDAY SESSION FOUR

WARMUPS: 7:30 AM MEET STARTS: 8:30 AM

EVENT #	AGE GROUP	EVENTS
69-70	10 AND UNDER	200 MED RELAY
71-72	8 AND UNDER	100 MED RELAY
73-74	10 AND UNDER	100 IM
75-76	8 AND UNDER	100 IM
77-78	10 AND UNDER	100 FREE
79-80	8 AND UNDER	25 FREE
81-82	10 AND UNDER	50 BACK
83-84	8 AND UNDER	50 BACK
85-86	10 AND UNDER	100 FLY
87-88	8 AND UNDER	25 FLY
89-90	10 AND UNDER	50 BREAST
91-92	8 AND UNDER	50 BREAST
93-94	10 AND UNDER	200 FREE

SATURDAY SESSION TWO

WARMUPS: NOT BEFORE 11:30AM
 MEET STARTS: NOT BEFORE 12:30PM

EVENT #	AGE GROUP	EVENTS
31-32	SENIOR	400 FREE RELAY
33-34	13-14	400 FREE RELAY
35-36	11-12	200 FREE RELAY
37-38	SENIOR	50 FREE
39-40	13-14	50 FREE
41-42	11-12	50 FREE
43-44	SENIOR	200 BACK
45-46	13-14	200 BACK
47-48	11-12	50 BACK
49-50	SENIOR	100 FLY
51-52	13-14	100 FLY
53-54	11-12	100 FLY
55-56	SENIOR	100 BREAST
57-58	13-14	100 BREAST
59-60	11-12	100 BREAST
61-62	SENIOR	200 FREE
63-64	13-14	200 FREE
65-66	11-12	200 FREE

SUNDAY SESSION FIVE

WARMUPS: NOT BEFORE 11:30 AM
 MEET STARTS: NOT BEFORE 12:30 PM

EVENT #	AGE GROUP	EVENTS
95-96	SENIOR	400 MED RELAY
97-98	13-14	400 MED RELAY
99-100	11-12	200 MED RELAY
101-102	SENIOR	100 FREE
103-104	13-14	100 FREE
105-106	11-12	100 FREE
107-108	SENIOR	200 FLY
109-110	13-14	200 FLY
111-112	11-12	50 FLY
113-114	SENIOR	100 BACK
115-116	13-14	100 BACK
117-118	11-12	100 BACK
119-120	SENIOR	200 BREAST
121-122	13-14	200 BREAST
123-124	11-12	50 BREAST
125-126	SENIOR	200 IM
127-128	13-14	200 IM
129-130	11-12	200 IM

SATURDAY SESSION THREE

Begins 15 minutes after the completion of Session 2

EVENT #	AGE GROUP	EVENTS
67-68	SENIOR	400 IM*

*DECK SEEDED EVENTS, SWAM TOGETHER AND SWUM FASTEST TO SLOWEST. (LIMITED TO A TOTAL OF 48 SWIMMERS PER GENDER, CHECK IN BY 2:00 PM)

SUNDAY SESSION SIX

Begins 15 minutes after the completion of Session 5

EVENT #	AGE GROUP	EVENTS
131-132	SENIOR	1000 FREE*

*DECK SEEDED EVENTS, SWUM TOGETHER AND SWUM FASTEST TO SLOWEST. (LIMITED TO A TOTAL OF 48 SWIMMERS PER GENDER, CHECK IN BY 2:00 PM)

